

# 7 Hidden Secrets About Nootropics That No One Told You About

Hi there!

I'm extremely happy that you are interested in nootropics and nootropic stacks. That's why I've decided to share with you several secrets about nootropics that no one else will tell you about.

Why do I share those secrets with you? What's in the game for me?

Well, I've been researching nootropics for the past 7+ years. I've tried 100+ different nootropics and nootropic stacks, I've spend \$10.000+ on nootropics before I found what really works and what not.

During this process, I often overdosed, I experienced severe headaches, stomach issues and so on...I also tried products that contained completely different ingredients that were written on the label. Basically, I was scammed. Several times.

I've prepared this guide so you can avoid all those issues that I went through. Why would you have to repeat my mistakes if you don't have to?

Since my blog Your Inception isn't my full-time business (well, I do work full-time on it, but I earn money from several other companies), I can afford being honest with you.

While I might get some enemies by sharing the truth about nootropics, I can only hope I'll help many people around the world....starting with you :)

So, that's in the game for me.

If you are ready, let's begin.

Greg, Founder



*P.s. Btw, I am NOT sponsored by any brands! :)*





SECRET

# Nootropics Are NOT Smart Drugs

I know, a lot of people mix nootropics and smart drugs saying they are the same thing.

But that's not true. *Not at all.*

Nootropics are natural cognitive enhancers that usually leave no side effects. Smart drugs, on the other hand, are usually real drugs or medicine that can bring benefits to healthy people, but can also leave *adverse side effects*.

While I tried both, I'm a **big fan of nootropics** and I support taking nootropics on a daily basis. I do take smart drugs (Modafinil) only occasionally to cover the peaks.

Keep that in mind so you don't make the same mistake as many others.





**SECRET**

# 90% of Nootropic Stacks You Can Buy On The Market Don't Work!

I've tried well over 100 nootropic stacks so far and I'm continue trying new and new supplements.

Most of them (around 90%) don't really work. Sadly. Why is it so? Well, most of them are just a copy-cat of another stack.


They are severely under-dosed, they contain either too much or no caffeine, and some of them have some very shady ingredients that are completely under researched.

*This is why it's SO important to make your research and only buy the products from the reliable brands.*

I'm NOT sponsored by any brands ('cause I don't want to), but I've prepared a list of best nootropic stacks that I share with my family, friends, and most recently, also with you.

Those nootropics have been tested, brands have been carefully inspected, and I'm 100% convinced they are the best of the best right now. [Click here to learn more >>](#)

P.S. I'm constantly updating this list with new products in case I find any other great & reliable brands on the market.






# Most Nootropic Reviews Are FAKE

I know you're surprised (or maybe not), but most reviews from "experts" are fake.

Now, don't mistake my honesty by telling you that there are no experts out there - there are, but again, most blogs that I follow are fake. How do I know? **Well, here are the facts:**

1. They promote the products with the highest commission rates (all partners get the same deal, so I'm well aware which brands have the best offer).
2. They find something good in every product - so they basically promote every single product no matter the fact that most of them should not be promoted.
3. In most cases, they never even try the products, but they only write a review and copy the experience part from somewhere else or they just make it up. Oh, and they steal the pictures, too.
4. They promote products that I would ban from this earth for life (but they can make a good money on them).

Now, I'm not telling you this just so you'll only follow my blog - but I want to tell you truth. We're talking about supplements, and trust me on this: **You want to be 100% sure you are only taking SAFE and HIGH-QUALITY nootropics.**



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## Don't Overdose On Nootropics

A lot of “experts” will tell you that nootropics are 100% safe and leave no side effects.

This is true...*if you follow the rules.*

This means cycling nootropics, taking the recommended dose and using quality nootropics.

But if you don't follow the rules, you can quickly expect issues to arise. It happened to me several times and trust me, I don't want you to ever experience any kind of similar issues.

So, use only high-quality ingredients, listen to experts and you should never experience any issues.

**On the contrary, your performance can dramatically improve!**





## Be Careful with Caffeine In Nootropic Stacks

Many brands (and I mean it...MANY) add caffeine to their nootropic stack. While I'm a big fan of caffeine, I still want to point to 2 potential issues with caffeine:

1. Whenever we drink coffee, it usually gives us some additional energy and it improves our mood, right? And caffeine plays the same role in nootropic stacks. However, the amount of caffeine can be so big in the nootropic stacks (and it often is) that the stack itself is NOT effective, but due to the high amount of caffeine, we believe it really works.
2. If you do take nootropic stacks with caffeine (usually there is around 100 mg in the stack), never combine it with drinking coffee.
3. Don't get me wrong - I want to see caffeine in every great nootropic stack, but it should not be more than 100 mg of it + it has to be combined with around 200 mg of L-theanine.





## Smartly Combine Different Nootropic Stacks

I often combine different nootropic stacks (for example, a classical cognitive enhancer with a multivitamin with a sleep supplement...) and I do recommend doing that.

Well, almost always.

But whenever you combine different stacks, always make sure you check out all ingredients so you don't overdose on a particular ingredient.

For example, you can find B vitamins in most nootropic stacks and other supplements.

Why would you take a double daily dose if your body doesn't need so much of B vitamin?



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# Expensive Nootropic Stacks Are Not Necessarily More Effective

I often come across a brand that offers a “premium nootropic stack”.

How lovely, here is one more...

But then I see the ingredients and I'm like: *Wtf, this looks like most other nootropic stacks...*

So, as it happens on many other markets and with other products, there are many brands offering a premium solution which is not really...premium.

I see this trend becoming more and more popular, so I wanted to warn you about that.

**Always check the ingredients first or you might throw your money out of the window.**





# Thank you!

Are you shocked? Surprised? Happy to know the truth?

Yes, people often experience these feelings after reading my handbook. Trust me, when I started learning about nootropics, I was also often shocked.

So much hype. So much scam. So much fake info. "Gosh, how can this happen?"

Honestly, it's not your fault knowing which information is honest & true and which isn't. We're all being constantly scammed by thousands of brands...that's just how it is.

**But there is nothing to worry about! I'm here to help you out.**

Since you subscribed to my mailing list, you'll be getting a lot of useful tips & secrets about the best nootropics and nootropic stacks.

I'll make sure to keep you updated with the most recent news, discoveries and products on the field of nootropics.

If you want to find the best nootropic stacks on the market, then check out **my list of best nootropics I've ever tried.**

All right, that's it for now. Let's stay in touch.

Wish you a successful day,

Greg, Founder